Support/Weight Groups

**OA (Overeaters Anonymous)**
Hope Lutheran Church  
301 East Mt. Morris Ave, Wautoma  
(920) 622-4246  
Tuesdays at 11:00am  
For more information [www.oa.org](http://www.oa.org) or [www.oamadison.org](http://www.oamadison.org)

**TOPS (Take Off Pounds Sensibly)**
Berlin Chapter  
Berlin Senior Center  
142 Water Street  
(920) 566-0615  
Thursdays: Weigh-ins at 4:20pm and Meetings at 5:00pm

**Happy Healthy Eating for Women 50+**
Wautoma Public Library  
Contact Susan at (920) 647-6845  
Tuesdays from 10-11am

**Weight Watchers Group meeting**

1. **Grace United Methodist Church**  
   N2133 Southgate Terrace, Wautoma  
   (920) 229-9982  
   Tuesdays at 5-6pm

2. **VFW Hall Post 2959**  
   420 N. Wisconsin Ave, Berlin  
   (920) 787-2241  
   Mondays 5:30 -6:30 pm